

ThermAccel™

Purpose & Rationale

The purpose of this product is to increase total daily energy expenditure (calorie burn) by increasing resting energy expenditure and overall metabolism, including daily activities to accelerate or continue desired weight loss, especially when diet and exercise may be maximized based on acceptable lifestyle parameters. ThermAccel is uniquely formulated to deliver a “better stimulant effect” when compared to currently available popular energy formulas that often lead to “burnout” and related stress, including “end-of-day fatigue.” It is designed to produce balanced and enhanced energy levels that may help users increase voluntary daily activities. With the addition of ThermAccel, through its thermogenic effect (boosting metabolism by wasting calories as heat) and potential balanced energy boost, users may be able to avoid or overcome natural plateaus during weight reduction without having to continually “add more work.” A few natural plant extracts have demonstrated success with appetite control while restricting calories.^{185,186} Theoretically, these combined effects would ease the workload and mitigate hunger to allow continued weight reduction with less hardship.

Typical Use

- Adults without adverse effects to stimulants and seeking to accelerate weight loss, help control appetite and shorten plateaus.
- People who need a serious multi-pronged approach to weight control, including a strong stimulatory effect to help increase metabolism.
- Discontinue after reaching body-fat reduction goal or when lifestyle supports desired body-fat goal without assistance.
- Take 4 tablets daily, 2 at breakfast and 2 with lunch with at least 8 oz. of water.

Unique Features

- The thermogenic blend delivers a superior but balanced stimulatory effect, eliminating the end-

of-day “burnout” associated with other thermogenic products.

- Formula and recommendations have no competitor based on its multiple body-fat reduction targets, which are designed to aggressively achieve the final desired outcomes.
- Contains Lepticare™, which has been awarded a patent and unique claims.
- Delivery system uses two-stage technology involving microspheres and macrospheres, providing immediate and prolonged activity for the entire day.
- Can be used alone or as part of the LeanPak90.
- Third-party tested.

Contraindications

This product is contraindicated for pregnant and lactating women and those under 18 years of age. Caffeine is contraindicated for those with anxiety, hypertension and thyroid disease. Caffeine can interfere with some medications such as lithium and MAO inhibitors. Caffeine is also contraindicated in those with heart disease, peptic ulcers and cardiac arrhythmias. Excessive caffeine should not be mixed with beta-agonists. Theoretically, concomitant use of large amounts of caffeine might increase cardiac inotropic effects of beta-agonists.¹⁸⁷ Do not mix with diuretic drugs. Excessive amounts of caffeine in combination with diuretics may increase the risk of hypokalemia.¹⁸⁸ In all cases, consult with a physician.

Supplement Facts	
Serving Size 2 Tablets	
Servings Per Container 60	Amount Per Serving
	% DV
Caralluma Powder	520 mg *
dotFIT® Proprietary Lepticare® [‡] (Proprietary Blend: Gum Arabic (Acacia arabica), Guar gum (Cyamopsis tetragonoloba), Locust Bean gum (Ceratonia siliqua), Pomegranate fruit (Punica granatum) extract, Blue Green algae (Aphanizomenon flos-aquae) extract and beta-Carotene	310 mg *
L-Theanine	100 mg *
ThermAccel™ Thermogenic Complex Green Tea Extract (providing 270 mg EGCG), Caffeine (providing 350 mg of caffeine), Yerba Mate Powder, Guarana Seed Powder and Cayenne Fruit (standardized for 150,000 Heat Units)	1,000 mg *
*% Daily Value not established.	